WEEK 1

Session 1
The 8-Week Prep Circuit is a high-intensity guide for CCM exam prep. Repeat the circuit until you’re ready to take the exam. To start, download the CCM Glossary App (bit.ly/CCMGlossary) and the CCM Quiz App (bit.ly/CCMQuizApp). Keep them handy to train your brain—when you’re waiting for coffee, taking a break, etc.

Session 2
• Highlight knowledge subdomains (bit.ly/CertGuide) that may need further review.
• Review Glossary Terms on app for 20 minutes—Highlight or tag the ones that need more focus.

WEEK 2

Session 3
(Ideally, this will be a more focused study session.)
• Research and review references and other study materials related to this domain.

Sessions 4 & 5
(Ideally, this will be a more focused study session.)
• Review Glossary Terms on app for 20 minutes—Highlight or tag those that need more focus.
• Continue reviewing information from week 1, session 3 research.

Session 6
(Ideally, this will be a more focused study session.)
• Review Knowledge Domain, Psychosocial Concepts and Support Systems and its subdomains.
• Research and review references and other study materials related to this domain.
**WEEK 3**

Sessions 7 & 8
- Review Glossary Terms for 20 minutes—Highlight or tag those that need more focus.
- Continue reviewing information from week 2, session 3 research.

Session 9
(Ideally, this will be a more focused study session.)
- Research and review references and other study materials related to this domain.

**WEEK 4**

Session 10 & 11
- Review Glossary Terms on app for 20 minutes—Highlight or tag the ones that need more focus.
- Continue reviewing information from week 3, session 3 research.

Session 12
(Ideally, this will be a more focused study session.)
- Research and review references and other study materials related to this domain.

**WEEK 5**

Session 13 & 14
- Review Glossary Terms for 20 minutes—Highlight or tag the ones that need more focus.
- Continue reviewing information from week 4, session 3 research.

Session 15
(Ideally, this will be a more focused study session.)
- Research and review references and other study materials related to this domain.

**WEEK 6**

Sessions 16-18
Test your knowledge by taking the practice exam (bit.ly/CCMPractice) or reviewing the CCM Quiz App questions (bit.ly/CCMQuizApp) and review study materials from week 5, session 3 research.

**WEEK 7 & 8**

Sessions 19-24
- Review Glossary Terms in app, domains and subdomains (bit.ly/CertGuide) for the questions you missed on the practice exam or the CCM Quiz App.