Session 1

The 8-Week Prep Circuit is a high-intensity guide for CCM exam prep. Repeat the circuit until you’re ready to take the exam. To start, download the CCM Glossary App (bit.ly/CCMGlossary). Keep your flashcard app handy to train your brain—when you’re waiting for coffee, taking a break, etc.

Session 2

• Highlight knowledge sub-domains (bit.ly/CertGuide) that may need further review.
• Review Glossary Terms on app for 20 minutes—Highlight or tag the ones that need more focus.

Session 3

(Ideally, this will be a more focused study session.)

• Research and review references and other study materials related to this domain.

Session 4 & 5

• Review Glossary Terms on app for 20 minutes—Highlight or tag those that need more focus.
• Continue reviewing information from week 1, session 3 research.

Session 6

(Ideally, this will be a more focused study session.)

• Review Knowledge Domain, Psychosocial Concepts and Support Systems and its sub-domains.
• Research and review references and other study materials related to this domain.
Sessions 7 & 8
- Review Glossary Terms for 20 minutes—Highlight or tag those that need more focus.
- Continue reviewing information from week 2, session 3 research.

Session 9
(Ideally, this will be a more focused study session.)
- Research and review references and other study materials related to this domain.

Session 10 & 11
- Review Glossary Terms on app for 20 minutes—Highlight or tag the ones that need more focus.
- Continue reviewing information from week 3, session 3 research.

Session 12
(Ideally, this will be a more focused study session.)
- Research and review references and other study materials related to this domain.

Session 13 & 14
- Review Glossary Terms for 20 minutes—Highlight or tag the ones that need more focus.
- Continue reviewing information from week 4, session 3 research.

Session 15
(Ideally, this will be a more focused study session.)
- Research and review references and other study materials related to this domain.

Session 16-18
Take practice exam (bit.ly/CCMPractice) and review study materials from week 5, session 3 research.

Session 19-24
- Review Glossary Terms in app, domains and sub-domains (bit.ly/CertGuide) for the questions you missed on the practice exams.