## **CMLearning network®**

A Resource Center for Today's Case Manager

# We need to talk: Team communication in integrated behavioral health



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CUNY School of Public Health



MaryBeth Kurland, CAE
Chief Executive Officer
Commission for Case Manager Certification





## Agenda

- Welcome and Introductions
- Learning Outcomes
- Presentation:
  - MaryBeth Kurland, CAE, CEO, CCMC
  - Virna Little, PsyD, LCSW-r, MBA, SAP, CCM
- Question and Answer Session





## **Audience Notes**

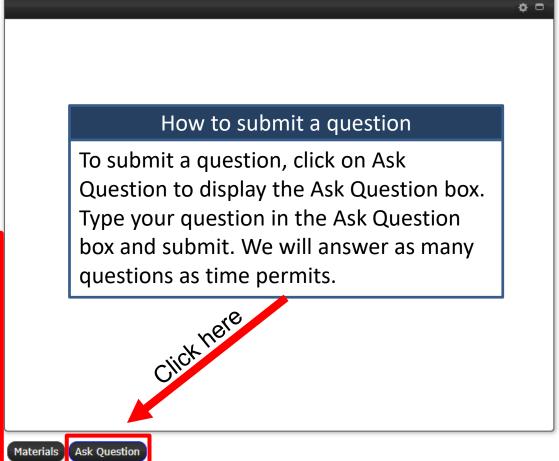
• There is no call-in number for today's event. Audio is by streaming only. Please use your computer speakers, or you may prefer to use headphones. There is a troubleshooting guide in the tab to the left of your screen. Please refresh your screen if slides don't appear to advance.















## **Audience Notes**

- A recording of today's session will be posted within one week to the Commission's website, <a href="www.ccmcertification.org">www.ccmcertification.org</a>
- One continuing education credit is available for today's webinar only to those who registered in advance and are participating today.





## **Learning Outcomes Overview**

#### After the webinar, participants will be able to:

- Outline the significance of team communication in integrated behavioral health and value-based payment models (e.g., medical home, accountable care organizations, Medicaid managed care efforts and Centers for Medicare & Medicaid Innovation Center demonstrations);
- 2. Describe key challenges to efficient team communication in the integrated care environment;
- 3. Discuss best practices for overcoming team communication challenges; and
- 4. Explain a process for "coordinating the coordinators," or determining which case manager should lead when more than one case manager is working with a patient at the same time





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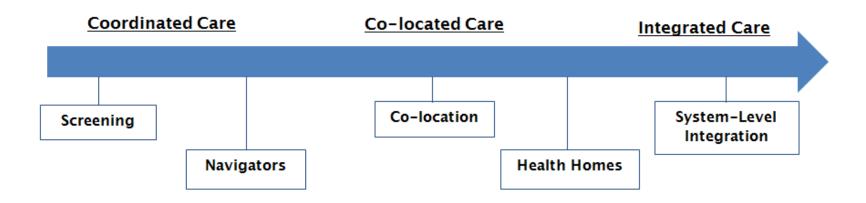


**CarelManagement** 





#### Continuum of Physical and Behavioral Health Care Integration



Mike Nardone, Sherry Snyder and Julia Paradise. "Integrating Physical and Behavioral Health Care: Promising Medicaid Models." Kaiser Family Foundation Issue Brief, Feb. 12, 2014.



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#### Introduction



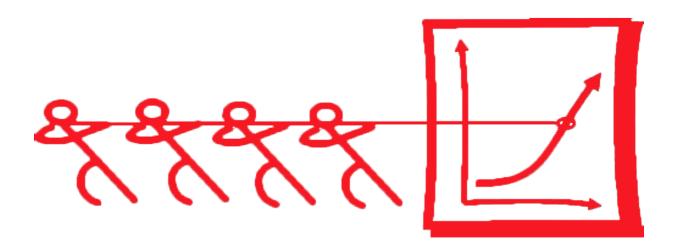
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# We need to talk: Team communication in integrated behavioral health

Virna Little, PsyD, LCSWr, SAP, CCM





## **Transdisciplinary Care Teams**

- "Gold" Standard
- Means understanding other disciplines and their roles (behavioral health and primary care)
- Warm "hand-offs" make the difference (managing on site vs. field)
- Shared care plans " what is on fire " often presents opportunity for care management to take the lead
- "Huddling" as a means to meet some of your goals/needs
- Be a part of new initiatives (grants) and ongoing initiatives (pcmh)



## **Managing Care Management**

- Mixed disciplines
- Can change over time
- Efficiently updating your team
- Software model often helpful with a key person





Quadrant II BH 个 PH ↓

- Behavioral health clinician/case manager w/ responsibility for coordination w/ PCP
- PCP (with standard screening tools and guidelines)
- Out stationed medical nurse practitioner/ physician at behavioral health site
- Specialty behavioral health
- Residential behavioral health
- Crisis/ED
- Behavioral health inpatient
- Other community supports

Quadrant I

 $BH \downarrow PH \downarrow$ 

- PCP (with standard screening tools and behavioral health practice guidelines)
- PCP-based behavioral health consultant/care manager
- Psychiatric consultation

Low

Quadrant IV BH 个 PH 个

- PCP (with standard screening tools and guidelines)
- Out stationed medical nurse practitioner/physician at behavioral health site
- Nurse care manager at behavioral health site
- Behavioral health clinician/case manager
- External care manager
- Specialty medical/surgical
- Specialty behavioral health
- Residential behavioral health
- Crisis/ED
- Behavioral health and medical/surgical inpatient
- Other community supports

Quadrant III

BH ↓ PH ↑

- PCP (with standard screening tools and behavioral health practice guidelines)
- PCP-based behavioral health consultant/care manager (or in specific specialties)
- Specialty medical/surgical
- Psychiatric consultation



#### **Questions/Thoughts**

vlittle@sph.cuny.org

Sometimes the best thing

you can do is not think not wonder not imagine not obsess just breathe and have faith

Despicable MeMinions.org that everything will work out for the best.





#### **Question and Answer Session**



Virna Little, PsyD, LCSW-r, MBA, CCM, SAP
Associate Director for Clinical Innovation
Center for Innovation in Mental Health
CUNY School of Public Health



## Thank you!

- Please fill out the survey after today's session
- Those who signed up for continuing education will receive an evaluation from the Commission.
- A recording of today's webinar and slides will be available in one week at <a href="http://ccmcertification.org">http://ccmcertification.org</a>

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